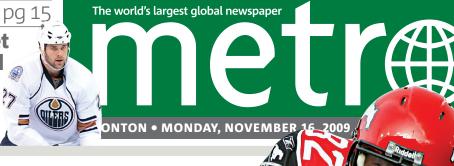
# **CANADIAN FINALS RODEO WRAPS UP, PG 3**

**Sports** Oilers get **Thrashed** for sixth loss of seven



Eskimos End of the season

# **Entertainment**

Cop pq 19

> Doses of flu shot tossed

# **EMS** workers still waiting on flu shot info

**HEALTH** Emergency workers in Alberta are still waiting to find out how they'll receive swine-flu shots, despite assurances they'll be next in line.

Tom Sampson, deputy chief of Calgary's **Emergency Management** Agency, says while they've been told by Alberta Health Services that first responders will be vaccinated in the coming days, they still don't know how that will happen.

The two agencies are expected to meet today to hammer out the details.

Sampson says he would like to see the workers get the vaccine as quickly as possible. Rather than making police and firefighters line up at a clinic, he says he'd rather see the vaccine taken into police stations or fire halls

THE CANADIAN PRESS

# after expiry

Edmonton Eskimos' Bryon Parker, left, tries to bring down Calgary Stampeders' Nik Lewis during the first half of CFL Western semifinal football action in Calgary yesterday. The Eskimos' season ended with a 24-21 loss. Sports, page 15.

# Bathhouse exposed

Queer arts festival provides peek inside 'ultimate boys' club'

News on the Maye

barcode for?

What's this



Going Green pg 14



Turning trash into sculptures

On the web Visit metronews.ca for news updates

VICTORIA HANDYSIDES victoria.handysides@metr

The doors to a traditionally taboo, blacklit labyrinth were opened to curious passers-by last night, revealing the naked truth about "the last and ultimate boys' club."

"That's really what it is," bathhouse Steamworks manager Clark Cameron said, adding rumours about the 6,000-square-foot rendezvous point are true: "It boils down to sex."

The Jasper Avenue establishment served as the setting for Exposure: Edmonton's Queer Arts and Culture Festival's main event, the Really Big Show.

Wide-eyed curiosity and intriguing visual displays from local artists attracted droves of average Edmontonians to the bathhouse last night.

After wandering through Steamworks' halls for the first time, heterosexual 40something Bryan Morlidge said he welcomed the unreserved education on the conventionally unmen-

tionable spot.
"I find it interesting to go to places like this on an open house. I was imagining a bigger version of the

# Wanna go?

 For a complete list of festival events, visit exposurefestival.ca.

locker room at the gym," he said. "You hear tales about these places, and that's not what they really look like '

Its rooms and lockers come at a price, but the bathhouse is legal, as sex is free and consensual.

Though its atmosphere is fun, with thumping electronica and nightclub lighting, it's moreover a safe haven — a clean, discreet and respectful venue for bringing imagination to reality, Cameron said.

We still tend to demonize sex," he said. "People still get uptight about this idea, but there's a separation between sex and love.

Steamworks' rousing success as a main venue for last year's festival was a testament to its ability to bridge a societal gap, Cameron said.

"This allows people to see the space without mis-conceptions. This year's Exposure theme of Queer Bodies and sexualization makes it the perfect fit.'

# Flu **Outbreak**

CLINICS Some health authorities across the country have tossed out hundreds of doses of the swine-flu vaccine because of miscalculations over how many of the time-sensitive dosages are needed at community clinics.

Officials at some of the larger health districts, including Toronto and Halifax, say they have thrown out about one per cent of the total vaccine they've administered because of the dosages' 24-hour shelf life. In Toronto, that means close to 500 doses of the adjuvanted vaccine have been disposed of even as people remain shut out of the priority groups entitled to receive the shot.

"We reconstitute as much vaccine as we think we're going to need, but sometimes our numbers are a wee bit off," said Ameeta Mathur, manager of the vaccine program for Toronto Public Health. "Once it's in the syringe from the vial and it's not used, we have to dispose of

Mathur said there is little information on the stability of the vaccine once it has been reconstituted and drawn into a syringe. Once the solution is in the syringe, she said it can't be put back in the vial nor can they use syringes the next day because of the lack of data on the vaccine's stabil-

A Department of Health official in Alberta said he didn't have numbers on the level of waste, if any.

THE CANADIAN PRESS



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# Local



# Skatemare Before Christmas

Come watch some hard-hitting roller girl action this Saturday at 6 p.m. as the Oil City Derby Girls host the third annual Skatemare Before Christmas open invitational bout. The event will feature two games, one for fresh-meat skaters and one for seasoned derby veterans. Tickets are \$10 in advance and \$15 at the door of Metro Sportplex (14420 - 112 St.). METRO EDMONTON



**Edmonton tweets** 

#yeg-

their to way to stardom. Go

see them while you can still

afford to http://www.one-

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edmonton talent on

# **Sun sets on Finals Rodeo**

CFR a success despite lower attendance: Northlands manager

CANDICE WARD

The pockets of a few lucky wrangler-wearing cowboys and cowgirls are \$1.27 million fuller in total with the close of the Canadian Finals Rodeo yesterday at Rexall Place.

With another year of the CFR under Northlands belt, just under 84,000 adrenaline-junkie fans took in the six performances over five days.

"CFR was a tremendous success," said Sandra Pysklywyc, manager of public relations for Northlands.

Numbers were down from last year's attendance, but the slight drop in numbers was anticipated by Northlands.

"With out-of-city travel decreasing and the way the economy is right now, we are pleased with the numbers," said Pysklywyc.

The CFR was able to draw one big Canadian name down to the corral to check out the show.

Comedian Rick Mercer of The Rick Mercer Report was spotted in and around Rexall yesterday, filming some of the rodeo fun.

"He is on a top-secret mission," said Pysklywyc. You will have to wait and watch to see what he

For participants like steer wrestling champion Cody Cassidy from Donal-



hold on for his last eight-second ride of the Canadian Finals Rodeo yesterday at Rexall Place

da, Alta., his mission was no secret.

With his father having won the title four times, Cassidy had some big cowboy boots to fill, but with his second win in a row,

Cassidy well on his way.

"Everything just fell into place, it feels good," said Cassidy.

As Čassidy looks ahead to achieving the same feat as his father, rodeo fans

# '09 CFR winners

 BAREBACK RIDING Champion: Kyle Bowers, Brooks, Alta., \$65,695 • STEER WRESTLING Champion: Cody Cassidy. Donalda, Alta., \$71,357

• TEAM ROPING Champion (header): Travis Gallais, Olds, Alta., \$19,865 Champion (heeler): Kevin

Schreiner, Medicine Hat, Alta., \$18,488 SADDLE BRONC RIDING Champion: Chet Johnson.

Gillette, Wyo., \$54,184 • TIE-DOWN ROPING Champion: Alwin Bouchard, Scandia, Alta., \$63,932 LADIES' BARREL RACING

Champion: Gaylene Buff, Westwold, B.C., \$67,555 BULL RIDING

Champion: Brett Thompson, Medicine Hat, Alta., \$76,206

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news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

can hang up their hats until next year.

"Mark your calendar Nov. 10 to 14, 2010, the West will be wild again in Edmonton," said Pyskly-WVC

Leonid meteor shower to light up sky early tomorrow

VICTORIA HANDYSIDES

victoria.handvsides@metronews.ca

SPECTACLE The meteors will soon be falling, and night owls are being offered a front-row seat early tomorrow morning.

The Leonid meteor shower will peak over Edmonton skies around 2 a.m. tomorrow.

Bruce McCurdy, spokesman for the Royal Astronomical Society of Canada, said though the shower won't be visible within city limits, those interested in a lunar light show can head to blackened skies in outlaying areas.
"It's a matter of looking

where you have an unobstructed view," he said, adding that though the Leo-constellation shower will rise from the east around midnight, the shower can be seen from any direction.

Meteor watchers usually head to area "darksites," or "dark-sky preserves," he said.

The Cooking Lake-Blackfoot Provincial Recreation Area, about a half-hour east of Edmonton, is a site widely used by stargazers and enthusiasts.

This year's shower is expected to drop 15 meteors er hour, McCurdy said.

For more information on darksites, visit edmontonrasc.com.

# Lotteries

sistance at

immigration

Friday, Nov. 13 Lotto Max: 8, 18, 27, 28, 38, 41 & 48 Bonus 36 Saturday, Nov. 14 Lotto 6/49: 1, 9, 19, 25, 31 & 41 Bonus 42

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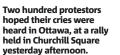


**Ceremony set to mark Metis Week** Today, the provincial government will commemorate the execution of Louis Riel. The 11 a.m. ceremony at the Alberta legislature marks Metis Week. METRO EDMONTON

# **Hundreds protest** in support of Khadr

Cries call to repatriate detained Canadian

GWYNETH DUNSFORD



The organizers of "We ARE Omar Khadr" are lobbying for the repatriation of Omar Khadr, a Canadian who is currently detained at Guantanamo Bay as an alleged terrorist. The Supreme Court of Canada is currently examining a lower-court ruling that de-mands Khadr's repatriation. This protest comes in the wake of Khadr being scheduled to face a military tribunal in the U.S.

"We want to bring him home," said organizer Ar-lette Zinck. "He should have the full opportunity to have the case presented in a clear and transparent



Canadian court. We can't abide the notion that there is different standards of justice for different Canadians?

crowd chanted The "Bring Omar home" and "Justice for Omar" as Arabic-inflected music played in the background. After a series of speeches, organizers led the group on a parade route to Jasper Av"It could have been my son who is there ... Canada is not living up to its commitments."

Nesrine Abbas

Khadr was arrested in 2002 after a gun battle in Afghanistan that resulted in the death of a U.S. soldier. Toronto-born Khadr holds special status because he was 15 years old at the time he was arrested.

"It could have been my son who is there," said Nesrine Abbas, gesturing to her 10-year-old son. "Canada is not living up to its commitments. It is a precedent that we shouldn't let pass.

Khadr is the youngest prisoner and the only Western citizen to be held at Guantanamo Bay.

**Hey Edmonton!** We invite you to visit **West Edmonton Mall** to check out the top 30 photos from Canada in the Metro Global Photo **Challenge Exhibit** 

🗖 Metro Global

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The exhibit will be located on Level One. Phase I in front of DeSerres from November 16th to the 26th

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# Green moves won't stop oilsands, Prentice says

ENVIRONMENT Canada's environment minister says Canada is ready to talk climate change with the rest of the world but will also make sure Alberta's oilsands keep rolling along.

Jim Prentice spoke to

Leaders

At least 40 of Comworld leaders have said they plan to attend the Copenhagen conference, which follows will netwo years of negotiations.

Edmonton Chamber merce on Friday. explaining what Canada gotiate for at a coming

climate-change summit in Copenhagen.

Prentice says both Canada and the United States will be aiming for a goal of reducing greenhouse gas emissions as quickly as possible without killing the econo-

Environmental groups such as Greenpeace protested outside Prentice's speech, saying they want to see the targets for reducing greenhouse gas emissions made much higher.

THE CANADIAN PRESS

# Union pays for more TV ads to fight bed closure

**HOSPITALS** The Alberta Union of Provincial Employees is sponsoring more television ads to fight the closure of acutecare mental hospital beds.

The government announced in August that it would close 246 of the 410 beds at Alberta Hospital Edmonton over the next one to three years.

The plan is to move patients to other hospitals or to community sites as suitable beds become available.

But public opposition to the plan has been unrelenting, and the union already ran ads criticizing the plan earlier this

The union's updated ads, which are to begin airing Sunday, present ordinary Albertans talking about how the closures will affect patients and

community safety.
One ad features a lawyer who says that closing the beds will lead to more mentally ill people in jails and in the courts.

THE CANADIAN PRESS

# Defence wraps up in RCMP murder case

The defence lawyer for an Alberta man charged with fatally shooting an RCMP officer in Hay River, N.W.T., has wrapped up her case.

The jury has heard from three people who were involved in a re-enactment of the shooting of Const. Chris Worden, who was killed in a wooded area of the community in October

Final arguments for the Crown and defence are expected tomorrow and the judge is expected to read his charge to the jury on Wednesday.

The territorial court had to delay those arguments by one day because delegates to a large conference

# Previously at the trial

• Emrah Bulatci tried to plead guilty to manslaughter at the start of his trial last month. The Crown did not accept that plea and the trial went ahead.

Yellowknife snapped up all the available hotel rooms in the • He has testified that he arrived in Hay River on Sept. 29, 2007, with nearly 10 ounces of crack cocaine he wanted to sell to pay off a drug debt.

Justice Iohn Vertes agreed to a delay after realizing that if the jury were to begin deliberations earlier and had to be sequestered for the night, there were no rooms to put them up in until later in the week

Emrah Bulatci, 25, of St. Albert, Alta., has admitted to shooting Worden but argues he did not mean to kill him. THE CANADIAN PRESS

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#### Women off to Europe to discuss tarsands issues

Three aboriginal women from Canada are visiting the United Kingdom and Ireland as part of a 10-day tour to raise awareness around human rights issues in the Alberta tarsands, CBC News Online reported. METRO NEWS SERVICES

# Canada



# Teen's death prompts call for change

Members of the Eskinuopitijk First Nation band council are expressing hope for change after the death of a teenager from their community in New Brunswick, CBC News Online reports. Sixteen-year-old Hilary Bonnell, who went missing two months ago, was discovered Friday in a wooded area near the community. Councurtis Bartibogue said he hopes police will continue to work with the band and would like to see more programs to help keep youth safe.

METRO NEWS SERVICES

# Laliberte's \$35M trip to space paying off?

# Press coverage worth \$592M, study says

Canada's first space clown can brag that his recent trip into the cosmos generated at least 23 times more international news

coverage this year than this country's mission in Afghanistan.

At least that's according to a calculation done by a media research group hired by Guy Laliberte, the Guy Laliberte Cirque du soleil founder who recently became the country's first rath space tourist.

The Quebec billionaire hired Montreal-based Influence Communication to look at radio, TV, newspa-

per and Internet coverage from 71 countries of his cosmic voyage.

The firm has released analysis that it would have cost \$592,425,679 to buy that much advertising space for Laliberte and his environmental foundation.

The Cirque founder

originally shelled out \$35 million US for his extraterrestrial flight, suggesting a rather nifty return on investment of more than 1.500 per cent.

Laliberte blasted off from the Baikonur Cosmodrome in Kazakhstan on Sept. 30, and spent 11 days travelling or aboard the International Space station.

Jean Lambert, a senior analyst at Influence, says his firm began its tracking on June 4th, the day Laliberte held a news conference to officially announce his trip.

Through mid-October, it counted approximately 41,000 reports about Laliberte and his One Drop environmental foundation.

By way of comparison, Canada's mission in Afghanistan showed up in 1,812 news items over the entire year, from January to mid-October.

THE CANADIAN PRESS



Canadian Brig. Gen. Jonathan Vance talks to media in Kandahar, Afghanistan last week. Under his command, Canadian troops in Afghanistan reduced their area of operation by more than half.

# Small mission, big success: Vance

AFGHANISTAN The war Brig. Gen. Jonathan Vance found himself fighting was a small one.

Under his command, Canadian troops in Afghanistan reduced their area of operation by more than half. With his overstretched forces relieved this summer by a surge in American forces, Vance focused on six villages with a combined population of no more than 5,000 people.

But in those villages, Vance claims to have given momentum to a mission that was fast losing ground to insurgents in the field and critics at home.

With Canadian troops now concentrated in Kandahar city and the districts of Dand and Panjwaii, Vance ended the practice of chasing insurgents from village to village before returning to heavily fortified outposts.

# Labs tracking flawed: Audit

HEALTH Government labs, including the one handling samples of swine flu, struggle to keep track of viruses and bacteria, a recent audit found.

The Public Health Agency of Canada document warns weak controls at federal facilities could allow harmful pathogens to go missing, or be used for less-than-scientific purposes

Part of the problem, the audit found, is that each lab has its own way of taking stock of its germs.

THE CANADIAN PRESS

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Prime Minister Stephen Harper speaks with Brunei's Sultan Hassanal Bolkiah as the leaders wait for the closing statement at the Asia-Pacific Economic Co-Operation Summit in Singapore yesterday.

# APEC not backing climate deal

SUMMIT Global climate change negotiators are bogged down in minutiae and need to step back and look at the big picture, Prime Minister Stephen Harper said yesterday.

His comments came as leaders of the 21-nation Asia-Pacific Economic Cooperation summit — who represent almost two thirds of global greenhouse gas emissions — officially put a bullet in any hopes for an international breakthrough at next month's UN climate conference in Denmark.

Harper was just one of several leaders who emerged from a breakfast meeting yesterday dedicated to the climate issue to say no deal will be reached in Copenhagen.

The prime minister said there was "a pretty strong consensus at the meeting this morning that countries of the world remain a long way from a binding, legal treaty on climate change."

Harper noted that there are some 3,000 "bracketed pieces of text" in the Copenhagen working document — diplomatic-speak for areas that need further negotiation.

"I don't think that can be attributed to any one country," he said. "There obviously are significant areas of disagreement."

Climate was not expected to dominate this summit on the 20th anniversary of APEC's founding,

but as the last major summit before the United Nations convenes in December the issue infused discussions on global economy and trade.

The chair of the UN climate conference, Danish Prime Minister Lars Loekke Rasmussen, flew to Singapore to salvage what he could, pitching APEC leaders on the notion of a "politically binding" deal that could be fleshed out later with legal language at another conference next year in Mexico.

Even that watered down objective could only muster a "fair consensus" among APEC leaders, according to Harper.

THE CANADIAN PRESS

# PTSD over-diagnosed in Canada, study says

# Psychiatrist says situation costing millions

A new study suggests post-traumatic stress disorder is being over-diagnosed in Canada and the western world — a potentially costly situation that could lead to skyrocketing disability

It's a viewpoint that flies in the face of popular opinion as more and more soldiers returning from Afghanistan and Iraq struggle to re-integrate.

Western nations, including Canada, have proactively rejected old stereotypes in an effort to improve services for those grappling with the psychological trauma of war.

But Memorial University

"Many cases of PTSD are not the pure cases but just acute reactions to stress, depression or anxiety disorders."

Dr. Amin Muhammad

psychiatrist Dr. Amin Muhammad warns Canada could face a "huge economic burden" if mental health professionals aren't more cautious about diagnosing the condition.

The study's principal author argues PTSD is complex, not fully understood by clinicians and therefore difficult to disprove once the label is given.

"Many cases of PTSD are not the pure cases but just acute reactions to stress. depression or anxiety disorders," he said.

The Newfoundlandbased psychiatrist began looking into the matter after more and more patients — many of them Canadian Forces veterans — started asking him to

sign disability claim forms. His study is based on his own experience, those of his colleagues and the vast amount of literature that currently exists about PTSD. THE CANADIAN PRESS

# Parizeau pens book in attempt to boost Quebec sovereignty

**DEBATE** Jacques Parizeau wants to breathe new life into the sovereignty debate.

The still influential former premier argues in a new book coming out today that Quebec independence is necessary in an increasingly globalized world.

He says that as economies, communications and cultures become more tightly integrated, the role of the nation state becomes more relevant.

"In the face of the potential threats, abuses and di-

versions — beyond the indisputable advantages posed by globalization, a citizen only has one protection: The state," he writes in La Souverainete du Quebec: Hier, aujourd'hui et demain.

It is to be published in English next year as An Independent Quebec, the past, the present and the future.

Parizeau says he put pen to paper in order to help rejuvenate the sovereignist movement.

THE CANADIAN PRESS

## **News** in brief

PARKS Parks Canada wants to lure more people into national parks by making camping and visits friendlier to families, city slickers and new Canadians. New statistics show an overall drop of nine per cent in attendance at national parks since the 2007-08 season.

STIMULUS Analyses by The Canadian Press and others suggest the \$16-billion stimulus plan heavily favours Tory ridings. At the same time, the funding has no direct correlation with high unemployment. In just seven months, the federal government says, it has committed \$7.5 billion to infrastructure.

THE CANADIAN PRESS



canada

A man with his head wrapped up like a mummy is being sought by Saskatoon police following an armed robbery Saturday night, CBC News Online reports. The culprit is described as a white male. Police say his entire head was wrapped in white "hospital type bandages," and that only his eyes were visible. METRO NEWS SERVICES

## **News** in brief

H1N1 With H1N1 a concern as shopping malls across the country erect castles and villages for photos with Santa, some are taking precautions to avoid spreading the virus. Santa's helpers will be on hand with hand-sanitizer and wipes in many venues, and the big man himself may carry extra pairs of gloves. But public health officials also stress there's no need to jingle alarm bells — sitting children on Santa's knee is no more risky than sending them to school or daycare.

THE CANADIAN PRESS

# Flood watch issued in southwestern B.C.

**ELEMENTS** Heavy rains deluging British Columbia's south coast and parts of Vancouver Island have prompted the provincial Environment Ministry to warn residents to be on the lookout for flooding along the region's rivers.

A so-called pineapple express storm was moving into the region yesterday, with between 80 and 200 millimetres of rain expected to fall by today and continuing through to tomorrow. The province's River Forecast Centre issued a

advisories — for

the southern half of Vancou
"At this point Squamish, Whistler and Barry Penner,

area.

Environment Minister Barry Penner said residents should take steps to mitigate potential flood-

ing by ensuring storm

flood watch — the least sedurains are clear and keep vere of the centre's flood informed of the latest watches warnings.

# ver Island, the **there's no reason** Sea-to-Sky region including to be unduly alarmed."

Pemberton, and the Vancouver B.C. environment minister

point, there's no reason to be unduly alarmed," Penner said in an interview yesterday.

year.

"At

THE CANADIAN PRESS

the weather is-

the region at

this time of

this

# New Brunswick Late funeral



The coffin carrying the remains of Gladys Winifred Fowler rests as her niece Jane Fowler Morse and nephew John Fowler pay their respects in Hammondvale, N.B., yesterday. Fowler died in 1917 at the age of 18 in London. Her coffin was placed in a packing crate and stored beneath an Anglican Chapel — apparently for later transport to Canada — but that didn't happen. The coffin was returned to Canada after it was discovered earlier this year.

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# Legal wrangling slows deal for N.L. hydro project

A multimillion-dollar deal to win aboriginal support critical to the development of Labrador's Lower Churchill hydro megaproject is beset by delays, an Innu

Nation leader says. Days after Premier Danny Williams said the agreement was near completion, deputy grand chief Peter Penashue said legal wrangling has slowed ratification of the Tsash Petapen or New Dawn Agreement.

The contentious offer has split this hard-scrabble Innu community near Happy Valley-Goose Bay and has left Penashue's own family at odds as his mother passionately campaigns against the proposal.

And there's no resolution in sight.

The package that Innu leaders and the provincial government announced as a near-done deal on Sept. 26, 2008, still needs approval from Ottawa, Penashue said.

"At one point we were looking at splitting the agreement" into provincial and federal areas of jurisdiction, he said.

THE CANADIAN PRESS



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Authorities say a Texas woman lied about having breast cancer and spent \$10,000 raised at a benefit to have her breasts enlarged. McLennan County sheriff's investigator James Pack says in court records that 24-year-old Trista Joy Lathern shaved her head to look like a cancer patient undergoing chemotherapy. THE ASSOCIATED PRESS



# World



# Iran's first lady gives speech on hunger

Iran's first lady has made a rare public appearance and even more rare, a speech, at a Rome forum on the eve of a UN summit to fight hunger. The wife of President Mahmoud Ahmadinejad almost never appears in public with her husband and is believed never to have addressed a public gathering. Azam al-Sadat Farahi, left, came to a forum of wives of heads of state yesterday. The summit on strategy to fight world hunger begins today at the Rome headquarters of the UN Food and Agriculture Organization.

# Call-girl blogger ID's herself

U.K. A British scientist says she is Belle de Jour, the anonymous blogger whose accounts of life as a call girl were turned into books and a TV series. Brooke Magnanti was quoted by



Magnanti

the Sunday Times as saying she decided to reveal her secret because she was afraid an exboyfriend would expose

her. Magnanti, 34, is a child health researcher at the University of Bristol. She told the newspaper she turned to the sex trade in 2003 while finishing her Ph.D. She blogged about the experience in the guise of Belle de Jour, which formed the basis of three books and the British TV series, Secret Diary of a Call Girl. Magnanti said on her blog she was relieved "to be able to defend what my experience of sex work is like to all the skeptics and doubters." THE ASSOCIATED PRESS

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# **Apologies for child migrants**

Australian Prime Minister Kevin Rudd apologized yesterday to thousands of impoverished British children shipped to Australia in past centuries with the promise of a better life, only to suffer abuse and neglect thousands of miles from home.

At a ceremony in the capital of Canberra attended by tearful former child migrants, Rudd apologized for his country's role in the migration and extended condolences to the 7,000 survivors of the program who still live in Australia.

still live in Australia.

"We are sorry," Rudd said. "Sorry that as children you were taken from your families and placed in institutions where so often you were abused. Sorry for the physical suffering, the emotional starvation and the cold absence of love, of tenderness, of care. Sorry for the tragedy — the absolute tragedy — of childhoods lost."

The apology comes one day after the British government said Prime Minister Gordon Brown would apologize for child migrant programs that sent as many as 150,000 poor British children as young as three to Australia, Canada and other former colonies over three and a half centuries.

The programs, which ended 40 years ago, were intended to provide the children with a new start — and the British Empire with a supply of workers. But many children ended up in institutions where they were physically and sexually abused, or were sent to work as farm labourers.

A 1998 British parliamentary inquiry noted that "a further motive was racist: the importation of 'good white stock' was seen as a desirable policy objective in the developing British Colonies."

THE ASSOCIATED PRESS

# **News** in brief

CHINA Plans to raise the water level behind China's massive Three Gorges dam to full capacity this month — which would mark the symbolic cul-

mination of the decades-old project — have stalled amid a worsening drought and reports of increased landslide risks. THE ASSOCIATED PRES



U.S. President Barack Obama looks on while his Russian counterpart Dmitry Medvedev shakes hands with U.S. Secretary of State Hillary Rodham Clinton on the sidelines of the APEC summit in Singapore vesterday.

# U.S., Russia agree to arms reduction

SINGAPORE U.S. President Barack Obama said yesterday the United States and Russia would have a replacement treaty on reducing nuclear arms ready for approval by year's end, an announcement designed as an upbeat ending to a summit with Asia-Pacific leaders.

While publicizing progress with Russia on arms control — part of Obama's agenda to advance nuclear disarmament — the president and other leaders bowed to the obvious on climate change. They discussed a compromise agree-

1,500-1,675 Number of nuclear warheads the U.S. and Russia agreed to each reduce to during a summit last July.

ment for a 192-nation gathering next month in Copenhagen, indirectly admitting that the meeting would not produce a new global treaty to reduce the heat-trapping carbon emissions that are warming the planet.

Obama and Russian President Dmitry Medvedev met on the sidelines of the Asia-Pacific summit of APEC nations to announce good progress in negotiations on an updated pact to replace the START nuclear arms agreement that expires on Dec. 5. Sitting, gesturing and leaning toward his Russian counterpart, Obama said the pair discussed a successor to the 1991 Strategic Arms Reduction Treaty and described "excellent progress over the last several months."

"I'm confident that if we work hard and with a sense of urgency, we'll be able to get that done," Obama said, adding technical issues remain.

THE ASSOCIATED PRESS.



Where You Live Can Impact Your Car Insurance Rate

## How Much Is Your Postal Code Costing You?

We've all heard that when it comes to real estate, the biggest driver of your success is location. Can the same be said for getting the lowest car insurance rate? The answer is – sort of. Insurance companies do use a wide variety of risk factors when setting premiums, and where you live is one of them. The question each insurance company tries to answer is "how likely is it a policyholder living in [insert location here] will make a claim and how much will that claim cost to pay out if there is a loss?" If you live in an area that a given insurance company knows to have a high claims rate, all things being equal, you can expect to pay more than someone living in an area with a lower claims rate.

## Should I Consider Moving To Get A Better Rate?

Probably not. If you are like most people, picking up and moving to another neighbourhood in hopes of saving money on your car insurance is likely not an option. And the truth is, even if you did move, there's no guarantee you'd get a lower rate, since each insurance company sets its rates independently and can change them up to 4 times per year according to a wide variety of factors of which your location is only one.

#### What's The REAL Secret To Lowering Your Rate?

The simplest and easiest thing you can do to lower your rate right now is to SHOP AROUND. Why? Because the rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. Take a look at the table

The key is finding the one insurance company that can offer the lowest rate available for your driving profile. InsuranceHotline.com offers an independent, unbiased rate comparison from over 30 of the top insurance companies in Canada to find you the lowest rate for your profile and then connects you with a licensed broker or agent who can provide the policy. It is fast, safe and FREE.

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InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. Think of it as a one-stop shop for lowering your car insurance rate. There is never any obligation. You decide if you're interested in the rate provided and whether you want to move your business. So don't waste another minute. Go online to InsuranceHotline.com and start saving your money now.

Rate Comparison							
Driving Record	Lowest Price	Highest Price	Price Difference				
Clean Record	\$958	\$2,213	\$1,255				
l Ticket	\$1,018	\$2,552	\$1,534				
I Accident	\$1,849	\$3,753	\$1,904				





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Monday, November 16, 2009

10 world

El Salvador says almost 200 killed in floods, landslides

El Salvadoran authorities say at least 192 people were killed by floods and landslides that swept through the country last week. THE ASSOCIATED PRESS

# **NASA** lets in tweeps

# Twitterers given rare access to shuttle launch

Fingers will be flying when space shuttle Atlantis blasts off today: About 100 of NASA's geekiest fans will be on hand, pecking away at iPhones, BlackBerrys, laptops and other Twittering gadgets.

They plan to let loose with electronic messages — provided they aren't so swept away by the afternoon liftoff that they fall uncharacteristically silent for a moment or two.

The tweeps, as they're called, represent 21 U.S. states plus the District of Columbia, as well as five countries

NASA estimates the 100 have more than 150,000 Twitter followers. It's a dream outreach program for a space agency looking to drum up support.

"I'll be uploading stuff as

## **Tweets from space**

• Follow astronaut Robert Satcher Jr. as he blasts off into orbit today at twitter.com/ZeroG\_MD. For reports from the ground, follow Steve Wake at twitter.com/stevewake

it happens," promised Steve Wake, 38, a computer programmer who flew in from Denver. "On launch day, who knows? I may be too excited about everything else to even think about doing that stuff. When it's over with, I'm sure I will."

For the first time ever, NASA last month invited its Twitter followers to sign up online for the chance to see a space shuttle launch up close.

The 100 slots — and 50

backup positions — filled in less than 20 minutes on Oct.

The two-day gathering got underway yesterday at Kennedy Space Center with talks by NASA officials, including the first Twittering astronaut, Michael Massimino, aka Astro-Mike. The discussions were streamed live on the Internet, and the "tweetup" gathering was near the top of Twitter's trending topics yesterday morning.

Astronauts have been tweeting from Earth and orbit since spring. While NASA already has held a few of the tweetups — so-called meet ups of people who use Twitter — it's the first for Kennedy Space Center, a high-security area requiring government clearance.

THE ASSOCIATED PRESS

#### **News** in brief

ITALY Police captured one of Sicily's top Mafia fugitives yesterday, dealing a stiff blow to the island's Cosa Nostra crime syndicate, Italian officials said. Convicted mobster Domenico Raccuglia, who has been on the run for 15 years, now faces several life sentences for crimes including the murder of a rival's nine-year-old son, whose body was then thrown into a vat of acid. Raccuglia is considered the No. 2 member of the organized crime group, and is listed as one of Italy's 30 most dangerous fugitives.

THE ASSOCIATED PRESS



# Fire at South Korean target range kills 10

South Korean officials yesterday investigated the cause of a fire that raced through an indoor shooting gallery, killing 10 people including eight Japanese tourists. THE ASSOCIATED PRESS

# world 11

# Allied forces push into hostile Afghan valley

Hundreds of French and Afghan troops yesterday pushed into a hostile valley in eastern Afghanistan where militants launch quick attacks, then disap-pear into hillside villages. The mission: secure the area for a planned bypass road around the Afghan capital to move supplies from neighbouring Pakistan.

About 700 French troops, joined by 100 Afghan soldiers, moved into the Tagab valley before dawn with more than 100 armoured vehicles. U.S.

and French attack helicopters roared overhead as insurgent snipers fired from the roofs of houses onto the advancing column of vehicles, according to a reporter for The Associated Press travelling with the French troops.

NATO forces have bases in the wide-bottomed valley, but they have had difficulty securing the mountainous area connected by small footpaths.

Just 50 kilometres from Kabul, the valley is seen as a launching pad for attacks in the capital.

In a neighbouring valley last vear, militants killed 10 French troops.

"The objective is to clear the valley to be able to build the road, and check-points financed by the European Union," said Col. Francis Chanson, head of France's 3rd Marine Infantry Regiment.

The offensive, "Operation Avalon," led by the 3rd Marine Infantry Regiment, with elements of the 2nd Infantry Regiment of the French Foreign Legion.

THE ASSOCIATED PRESS

# **News** in brief

**ROME** A UN agency says a deal has been reached with the Islamic Development Bank for \$1 billion US in funding to help develop agriculture in poor countries. The announcement comes on the eve of a UN summit in Rome to fight hunger worldwide. The three-day summit starting today promotes an approach that UN officials say is vital to slashing the number of hungry people. The strategy envisions helping farmers in poor countries to grow enough food to feed their own people and reduce developing countries' reliance on food aid. **ELECTION** Kosovo's first independent elections have ended peacefully, with the prime minister claiming his

party won convincingly and some minority Serbs ignoring a call to boycott and casting ballots alongside ethnic Albanians. Preliminary results were expected later today. Hours after polls closed, Kosovo Prime Minister Hashim Thaci claimed his party won in 20 of the 36 municipalities.

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# Comment & V

Comment

no decision to

move forward ...



s far as omens go, the LRT public hearing started doozy. **\** Mayor Mandel was only partway through his review of the procedure for public comment when his carafe went crashing to the floor.

The ensuing commotion was punctuated by some words I'll refrain from repeating. They should have been saved for four days later when the process came to a rather unceremonious end.

Not only was there no decision to move forward with the Stony Plain alignment dicted, there was "an amazfor the west \_\_\_\_\_\_ ing display of

LRT, but the "Not only was there process seemed to fall to pieces.

The com- but the entire plete lack of process seemed to was a strong fall to pieces."

counterpoint to accusations the public hearing process was a sham, but it was frustrating for those who just wanted a decision.

Sure, council didn't rush a decision they were clearly unprepared to make. They also seem to now recognize

that whatever route's on the table at any given time will seem to have the most opposition.

But, as Coun. Iveson pre-

parliamentary canery" which the "LRT decision (was) deferred in a circuitous way.' Batty

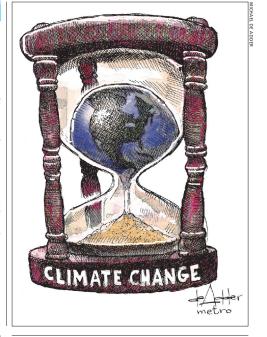
moved to amend a referral motion to have administration take a look at 107 Avenue. Sloan moved to amend the amendment to look at 87 Avenue again. Leibovici moved to amend the amendment's amendment with a 100 Avenue/107 Avenue combination.

Krushell reminded everyone Edmonton's not going to get any more lines at this Henderson tweeted "why break with history, once again we prove our skill at indecision over LRT.

Anderson just wanted more information. Thiele just wanted everyone to go home and have some dinner. Mandel pointed out that they don't have any money anyway.

Then they finally voted on whether to shift a meeting so that they could take a tour of the new art gallery. The LRT debate, it seems, will be back mid-December.

Brian Gould is a transportation planner and has served in a variety of roles with the Transit Riders' Union of Edmonton.



Views



Buddhist wisdom says, "All human beings want the same thing, we are just going about it in different ways." This is true. So long as what every human wants

is to make it through the next three weeks without losing their minds, drinking enough caffeine to wake a rock and alienating everyone they love. Otherwise, it's only me that wants that.

As regular readers know, I'm presently enrolled as a full-time university student. And, for students, the next three weeks are Crunch Time.

Anyone who has ever been in school will remember Crunch Time refers to

"the period during which you realize your life has gone right down the pooper because suddenly, the fact that school libraries are open 24 hours a day seems like a really good thing."

If asked to define my life at this moment I'd say, "Life is what will begin again after I hand in my last paper on Dec. 18." Or, "life is what will be worth living if I manage to pass my course on Hermeneutics of Pauline Response, even though I

have no idea what that means." Or, "I am a hamster on the essay wheel of life."

Really, I ought to have a more thoughtful view of existence. After all, I've spent the last eight years studying theology. Theology loosely defined means, "The study of the thing we call God, though not everyone calls it that, some people call it 'a nice walk on a sunny day' and anyway we can't really know anything about it, but hev, why not pony up several thousand dollars to get a degree in it anyway?" It's not insane to get a degree in something that's entirely incomprehensible. Think of students taking bio-physics or women's studies.

I think what I've learned through years of studying Christian theology is this: The Buddhists are right. We do all want the same things. And neither of them, really, are an A in Biblical history or a pass in choir. What we want is to feel loved and valued. And maybe, during the Crunch Times of life, that has to start with ourselves.

So, I'm putting down my essays for an hour I'm treating myself to a walk in the miraculous November sunshine. Will it improve my school marks? Probably not. But I'm aiming for something higher. I'm going for an A in life.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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Some 800 Finnair pilots will begin a strike today, grounding all scheduled international and domestic flights of the Finnish national carrier, the airline said. THE ASSOCIATED PRESS

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# Business

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(Friday's close)

EDITOR: FERMIN DESOUZA@METRONEWS CA

# Permit for Canadian mine revoked

GOLD Mexico revoked the environmental authorization Friday for a Canadianowned open-pit gold mine that critics say threatens one of the most historic sites in the north-central state of San Luis Potosi.

The Environment Department said that it has pulled the permit for Minera San Xavier, a property of Vancouver-based New Gold Inc., in accordance with a court ruling in October.

The ruling struck down the government's 2006 conditioned approval of the project's environmental impact statement, and ordered environmental authorities to reject the statement.

THE ASSOCIATED PRESS

# Accused **Out of reach**



In this file photo, Farhad (Fred) Monem poses for a picture inside a relatively new warehouse in Portland, Ore. Monem is accused of taking \$1.2 million in bribes while in his \$79,000-a-year state job. In return, prosecutors say, he steered millions in state business to food brokers such as Doug Levene. Monem lives free, beyond the reach of prosecutors in his native Iran.

# U.S. retail sales may set tone for trading

The latest reading on consumer spending activity in the United States will likely set the tone for trading on stock markets this week.

U.S. retail sales for October are released today and economists expect to see a rise of 0.9 per cent following a drop of 1.5 per cent during September.

"It looks like that's going to be the big one," said Colin Cieszynski, market analyst at CMC Markets Canada.

Stock markets ended last week higher for a second consecutive week, largely on investor relief from indications that U.S. interest rates will stay low for an extended period. Markets were also lifted by last 0.9 % Economists expect that U.S. retail sales for October will show a rise of 0.9 per cent. This follows a drop of 1.5 per cent during September.

weekend's G20 meeting where leaders made it clear that government stimulus measures will not disappear any time soon.

But critical to that growth on markets has been the hope that the end of recession will be fol-

lowed by a strong recovery. While retail sales are important in any economy, they're particularly important in the United States where consumer spending accounts for about 70 per cent of the economy.

And there are searing memories of what happens when consumer strength collapses.

"When the U.S. consumer got tapped out, that was one of the big things that led to the collapse of the housing market and that dragged down the whole banking system with it," observed Cieszyn-

THE CANADIAN PRESS

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# **Business** in brief

ENERGY Magma Energy Corp., a Vancouver-based geothermal energy producer, reports it lost nearly \$2.7 million US or one cent a share in the fiscal first quarter ended Sept. 30. That compared with a loss of \$829,860 or one cent for the same year earlier period. Revenues from energy sales were just over \$1 million in the quarter. THE CANADIAN PRESS COMMUNICATIONS Vivendi SA is set to take control of Brazilian telecommunications operator GVT SA after trumping a rival offer from Spain's Telefonica SA.

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**Indonesia booting out Greenpeace activists** 

Indonesian authorities said on the weekend they would deport 11 foreign Greenpeace activists for joining a protest against forest destruction and violating their tourist visas. The activists sought to draw attention to the destruction of peatland forests. THE ASSOCIATED PRESS

# Going Green



# Eco-footwear

Wyclef Jean, left, is teaming with Timberland on the development of an eco-conscious

THE ASSOCIATED PRESS

the Pentium Blazer 1.0, a bizarre-looking sneaker that must rank as one of

the world's most uncom-

fortable, is based on his

favourite high top.

He said "I used an old

great as when you take

them apart, they are so in-

tricate and have a lot of

identical components. This

way you can easily make a

right side, left side and so

on. "You could actually put

them on — it would be

painful, but they're a size

which

was

typewriter

14

BANNERS Today's fast paced consumer economy often leaves little or no time to think about the environment, says Javier Ser

"I found this curious connection between marketing and pollution, and decided to bank on it," adds the founder of Hong Kong based accessories line Eco Couture.

Serrano, who grew up and trained as a and sculptor in Madrid, Spain, has found a way to reuse advertising banners - which can take 75 years to disintegrate and turn them into unique wallets and bags.

luxurious manv brands use advertising billboards



couple of days, maybe even overnight and then are

dumped

across landfills in China."

Eco Couture uses these ad banners to create its accessory range. The banners are generally made from vinyl, a thick, durable and waterproof material. No other material is added to the original and waste is minimal, remaining bits and pieces are turned into zipper pullers or labels.

They're certainly no "bag for life" or Chanel clutch, but certainly resistant ... and much better off slung on someone's shoulder than in a landfill.

METRO NEWS SERVICES

# On the web

 To see more of Javier Serrano's Eco Couture creations, visit ecocouture.hk

# Ad-ded value Slam dunk junk BANNERS Today's fast paced process; they are up for a

ROMINA MCGUINNESS Metro World News

Swapped your clunky old mobile for an iPhone? Your boxy PC for a notebook? Don't throw them out — drop them off on junk artist Gabriel Dishaw's doorstep.

"I take the items people no longer have use for and carefully disassemble these

items and then reassemble them using metal wire creating my iunk art. says the 29-year-



Gabriel old artist Dishaw from Car-

mel, Ind., who makes sculptures from discarded materials.

"I begin each sculpture with an idea of how can I take these found pieces of useless metal and insignificant objects and create something that everyone can understand and relate to. I find myself looking at ordinary mechanical items to see how I could turn that something, into some-

"I've been doing junk art since the ninth grade. Mv mom's an artist so I get it from her. My dad on the other hand is very mechanical and more technical."

The combination of these two parental skills led to him taking up this project. "That's where it all started although since then, my work has become more refined," he says.

A self-confessed sneaker fan, Dishaw owns 250 pairs Nike's are his favourite. His day job as a regional trainee for U.S. footwear company Finish Line keeps him up to date with the latest foot trends.

Dishaw's Junk Art includes scores of sculptures, from robots to clothing, made from all sorts of scrap — from glass, metal and wood to computers and typewrit-

And there is an eco-element in his work. He said: "I'm concerned about con-

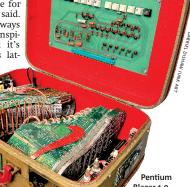
thing else not originally intended for that use," he servation. I grew up in a rutended for that use," he ral farm area, so I've always been conscientious about the

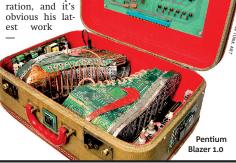
environment. To see Americans more of Gabriel throw away everything. Dishaw's junk art will They creations, visit throw gabriel phone away after one dishaw.com year. It's such a waste."

People who are aware of his work stop by to drop things off on his doorstep. This doorstep.

means he has access to a lot of material. "It's people cheap, don't charge for trash..." he said.

Dishaw always works on inspiration, and it's obvious his latwork







A giant jellyfish drifts off Kokonogi in western Japan.

# Japanese fishermen suffer as jellyfish swarm northward in a warming world

Fishermen grumble as they toss translucent jellyfish back into the bay, giants weighing up to 200 kilograms, marine invaders that are putting their livelihoods at risk

The venom of the Nomura. the world's largest jellyfish, a creature up to two metres in diameter, can ruin a whole day's catch by tainting or killing fish stung when ensnared with them in the nets in northwest Japan's Wakasa Bay.

Once considered a rarity occurring every 40 years, they are now an almost annual occurrence along several thousand kilometres of Japanese coast. Scientists believe climate change has allowed some of almost 2,000 jellyfish species to expand their ranges, appear earlier in the year and

increase overall numbers.

The gelatinous seaborne creatures are blamed for decimating fishing industries in the Bering and Black seas, forcing the shutdown of seaside power and desalination plants in Japan, the Middle East and

Africa, and terrorizing beachgoers worldwide, the U.S. National Science Foundation says.

On the Net: Jellyfish report from National Science Foundation: www.nsf.gov/news/spe cial reports/jellyfish/index.j sp THE ASSOCIATED PRESS



## **EDMONTON'S FIRST ENVIRONMENTALLY INTELLIGENT COMMUNITY**



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Longer toes may increase speed

After studying the feet of 12 sprinters and 12 non-sprinters, a researcher at British Columbia's Simon Fraser University says longer toes, as well as unique ankle structure, may give sprinters a leg up on other runners. THE CANADIAN PRESS

# ports



# Ames takes final '09 event

Stephen Ames, left, ended the PGA Tour season in style, taking the Children's Miracle Network Classic in a three-man playoff. The Calgary golfer outlasted Justin Leonard and George McNeill, winning with a par on the second playoff hole. It was the fourth career PGA Tour victory for Ames, who also won this event back in 2007.

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

# **Sports** in brief

TENNIS Toronto's Daniel Nestor and Serbian partner Nenad Zimonjic won their ninth title of the season yesterday, defeating Spaniards Marcello Granollers and Tommy Robredo 6-3, 6-4 at the Paris Masters.

**SWIMMING Vancouver** swimmers Tanya Hunks and

Brent Hayden are leaving Berlin with a gold medal and another Canadian-record performance. Hunks captured gold in the women's 400-metre individual medley at a World Cup yesterday, while Hayden won silver in the men's 200-metre freestyle in Canadian-record time.

**SPEEDSKATING** Canada won the men's 5,000-metre relay yesterday to highlight a three-medal day for Canada's short-track speedskating team at a World Cup event. Francois Hamelin of Ste-Julie, Que., Francois-Louis Tremblay of Montreal,

Guillaume Bastille of Rivière-du-Loup, Que., and Olivier Jean of Lachenaie, Que., took the gold in six minutes 45.588 seconds. Hamelin also won bronze in the men's 1,000 metres while Canada's women's relay team took bronze in the 3,000 metres.

**SPEEDSKATING** London, Ont.'s Christine Nesbitt captured her third victory of the World Cup long-track season yesterday, racing to gold in the women's 1,000 metres. The skater who is using the early World Cup races as training and to fine-tune her technique, sped to gold in the women's 1,000 metres in one minute 15.47 seconds. Nesbitt teamed up with Ottawa's Kristina Groves and Winnipeg's Brittany Schussler to win gold in the team pur-METRO NEWS SERVICES



# Lamenting missed opportunities

# Esks' season ends with loss to Stampeders

CFL RESULTS

Edmonton 21 Calgary 24



Down by three points late in the fourth quarter, the Edmonton Eskimos squandered a great opportunity against the Calgary Stampeders.

Trailing 24-21 in the West Division semifinal yesterday, Edmonton quar-terback Ricky Ray completed a 21-yard pass to receiver Fred Stamps to give the Eskimos a first down on the Calgary 47-yard

"We drove the ball down, then we shot ourselves in the foot with penalties," said Edmonton coach Richie Hall in regards to two straight holding penalties that put the Eskimos right back to where they started the drive.

Stampeder defensive lineman DeVone Claybrooks then sacked Ray m.metrenews.ca



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for a 10-yard loss, before the Edmonton quarterback completed a six-yard pass to Stamps to put the Esks in a third-and-34 situation to end the drive.

Stuff like that usually only happens on video



Edmonton's Fred Stamps wipes his eyes and face on the field yesterday after a 24-21 loss to the Calgary Stampeders in the CFL's Western semifinal.

games," said Stamps in regards to the back-to-back costly penalties. "You can't expect to do that in a playoff game and win.'

THE CANADIAN PRESS



Edmonton's Dustin Penner puts the puck past Atlanta goalie Johan Hedberg yesterday to score one of the Oilers' pair of goals in their 3-2 loss to the Thrashers.

# Kozlov scores late to sink Oilers

HOCKEY Slava Kozlov broke out of his slump with his first goal of the season and the Atlanta Thrashers beat the Edmonton Oilers 3-2 vesterday for their fourth consecutive victory.

Kozlov, who had 26 goals last season, put the Thrashers in front again with 8:01

**NHL RESULT** 

**Edmonton 2 Atlanta 3** 



left in the third period, converting a pass from Todd

White after going scoreless in the first 16 games.

The Thrashers (10-6-1) won their second straight at home to even their record to 4-4 at Philips Arena. The Oilers lost their third in a row and sixth in seven games.

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16

Nexy year, Alberta's education department will change the way math is delivered to high school students. Students will choose between a course geared toward college or university, a course for the workforce or trades, or a basic math program that includes skills such as chequebook balancing. METRO NEWS SERVICES

# Workology

# **Motherly support**

Nearly three-quarters of women in American households planning for college say it's very important for their children to obtain a college degree, a new survey from Keeping College Within Reach has found. Over half of women agreed that not paying for college would be "a failure of me as a parent."

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

# The e-learning revolution

JON TATTRIE

A "revolution" in learn-

ing is what the Laurier School of Business and Economics is promising from its new partnership with Research In Motion

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in the latest reach of a decades-old drive to put the "e" in education.

Hugh Munro heads Laurier's MBA program and says bringing BlackBerries into the classroom will take the classroom everywhere.

"It's the beginning of a journey for us," he says. "(We're) looking at how we can take advantage of the enabling capabilities of technology and change the way we structure and deliver curriculum ... We can bring the outside into the classroom and also make the outside an ongoing classroom."



Whether it's with a smartphone or just over the computer, e-learning is here to stay in Canada.

Halifax's Mount Saint Vincent University is another post-secondary institution that has embraced the idea of e-learning, only they've been mobilizing education for almost 30 years now. It started with TV shows on a local station and added the cutting-edge technology of video tapes mailed to students. Its distance-learning program is now

are fully online.
Peggy Watts, head of MSVU's distance learning, says by using programs like Moodle and Elluminate Live, the university can create a virtual classroom that allows students to chat with professors, give presentations in

on digital cable and DVDs and half of such courses

front of the class, watch videos and use programs like Excel, even if they don't have Excel.

"Within the White Board (of Elluminate), an instructor can take control of a student's desktop and show them something on their own desktop," she adds.

top," she adds.
Watts says the main users of e-learning at MSVU are in Nova Scotia, but chose the remote approach to give flexibility to their schedules and avoid commuting.

Back at Laurier, students and faculty will use their smartphones for voice, text and email applications as well as video, voice notes and pictures. Faculty will push content to their students' smartphones and will have access to metrics to gauge which content is being used in the one-year pilot involving 100 students.

Alberta rethinks math

Munro is confident the "hybrid" model of class-room and e-learning is the way of the future. Business has gone mobile and education should follow, he says. "If our learning environment mirrors the kind of challenges and opportunities they're going to face in the real world, then it's a good thing."

thing."
RIM, which is headquartered in Waterloo, is giving students a deal on the BlackBerries and Rogers is providing the connection at a small fraction of the usual cost, Munro adds.

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# Its not about the coffee — its about the people

# Book**Review**

#### It's Not About **The Coffee**

Author: Howard Behar Publisher: Portfolio Price: \$18.50

There can be no coffee without people. In the case of Starbucks Coffee, past president Howard Behar, elaborates that when it comes to business its the people who serve your coffee, all the way to the origin of the bean... the growers that make or break you. "If your people are better human beings, they'll be better partners of the company"

says Behar. Behar's book takes a look at the 10 principles that helped shaped Starbucks into the company it is today ... but none of these principles are about

The majority of his principles focus on decision making and accountability.

Are you makdecisions ing based on the best insights? Are you doing the right things for right  $ho_{ns}$  on  $P_{utting}$  People  $F_{irst}$ reasons? from a Life at Starbucks ulti-And mately, is the right person in charge. Behar presents a very human approach to

building a business that still to this day wins the company a loyal cus-tomer and employee base. Common sense, but every now and then a refresher on these concepts is in order. People relations 101.

> CRAIG LUND /FOR METRO CANADA

It's Not About The Coffee, by Howard Behar is available on book stores now.

Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com

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The Who are likely to be the headliner at next year's Super Bowl halftime show, a source tells Sports Illustrated. But as certain as the source may be, the NFL isn't confirming anything about entertainment at the Feb. 7 event. METRO WORLD NEWS

# Jon hits back Entertainment

# House searched in alleged Crawford extortion scheme

INVESTIGATION German police said vesterday they had searched a home in connection with an alleged extortion scheme targeting former supermodel Cindy Crawford and her family.

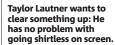
U.S. authorities had said Thursday that a German man had been charged in the U.S. with trying to extort \$100,000 US from Crawford and her entrepreneur husband Rande Gerber over a photo of their daughter, then aged seven. bound to a chair and gagged. He was accused of threatening to sell or re-lease the photo to the me-

The daughter told her parents, who were unaware of the photo, that her former nanny took the picture as part of a "cops and robbers" game, according to an affidavit. THE ASSOCIATED PRESS

# A remarkable body of work

While rumours swirled, Taylor Lautner hit the gym

NED EHRBAR Metro World News



"One thing that I have heard recently, which is not true and I didn't say, was that I will never take my shirt off for a movie again," says the 17-year-old actor, whose abs and pecs have been under an unprecedented amount of scrutiny since he packed on 30 pounds of muscle for New Moon, the second film in the Twilight series. "I didn't say that," he in-sists. "If the character re-

quires it, I will."

That's good to know, since with the rabid fan response to early shots of a shirtless Lautner in New Moon, he'll probably be asked to appear that way a lot. Of course, before getting to this point, Lautner had to prove to the

powers behind the hugely suc-cessful fran-The Twilight chise that the cute lit- Saga: New Moon so that's what I hits theatres on stayed focused tle guy who played Jacob Black in the **Friday** 

first film could transform as his character does for the sequel.

And while there was a lot of talk in the press that the producers were looking to replace him, Lautner Kristen Stewart and Taylor Lautner star in The Twilight Saga: New Moon.

"Honestly, I knew where my character went in New Moon, and that's all I tried to stay focused on," he says. "I couldn't control things outside, I couldn't control the media. But

said he had to ignore all of

could control what I was doing to portray Jacob on the whole entire time."

That focus paid off, as is evidenced by his gym-toned physique, plastered over New Moon ads and the cover of Mens Health. But Lautner claims the hard part wasn't hitting the

gvm. "The most important thing was the eating side," he says. "Everybody thinks it was the actual getting in the gym, but that was easy. I was motivated. But the eating was pretty hard. We found out that I had to consume at least 3,200 calories a day just to maintain, and I was trying to gain."

That meant stopping to eat every two hours or so, regardless of where his busy schedule took him. and carrying around bags of high-protein food, sometimes pausing mid-meeting to wolf down a couple of burger patties.

But Lautner insists it was all part of the job. "A year from now, if I love a character and I love a story that





featurette on New Moon's lead werewolf at metronews.ca.

requires me to lose 40 pounds, I'm ready to do it," Still, all the attention

he's been getting must be distracting, right?

"I don't think there's any way to prepare yourself for this phenomenon," he says. "None of us expected it when we were filming Twilight. I don't think there's a way to ever get used to it. It's not normal to drive down a street and see your face up on a billboard. But it's Twilight. It comes with the job.





# Flashpoint nets 3 Geminis | Taped Oscars

# Award winners praise Canadian talent and values

der hit Flashpoint held it up as an example of what Canadian television is capable of as the slick CTV cop drama took home three Gemini Awards on Saturday, including best drama.

Canadians can be less than supportive when it comes to watching homegrown shows on the small screen.

But executive producer Bill Mustos said there's actually a lot to be proud of, and other countries are taking

"I think Flashpoint has moved things into a new direction and now American networks are looking across the border and seeing that there is actually tremendous talent in (Canada)," he said just after winning the final award of the broadcast gala. "That's an exciting kind of new sea change for our country.'

Of course, not every Canadian show is a hit. The quirky country-music show Three Chords from the Truth won for best comedy ensemble performance despite being cancelled after only 10 episodes.

There's nothing better than being recognized by your peers," star Phyllis El-lis said as she accepted her Gemini.

'Except for maybe a sec-



Being Erica's Erin Karpluk celebrates her trophy for Best Performance by an Actress in a Continuing Leading Dramatic Role.

CBC's Rick Mercer Report took the award for comedy. George Stroumboulopoulos was honoured as best talk show host for a second year running.

Stroumboulopoulos said his show is attracting interest from other countries because it reflects Canadi-

an values. "To be able to make television in the country that you love and the country you

Flashpoint star Enrico Colantoni, who won best while actor, was lured back to his hometown of Toronto for the series after working for nearly 25 years in the U.S. on shows such as Just Shoot Me and Veronica Mars.

man, that is a gift," he said.

to come home.

The drama about a S.W.A.T. team in Toronto also won three awards at a pre-show ceremony and nabbed best director trophy for Kelly Makin.

Colantoni's co-star and fellow best actor nominee Hugh Dillon also won an award for best supporting actor for the TV movie Of Murder and Mystery.

Citytv's dark comedy Less Than Kind was left without a single trophy despite leading the sitcom nominations with nine nods.

The sexy period drama The Tudors was also shut out at Saturday's broadcast awards after earning 11 nominations overall. It had already won four trophies in separate ceremonies held last month.

After traditionally being held in Toronto, the awards have moved about the country in recent

The gala in Calgary marked the first time the awards were handed out in Alberta.

The location no doubt made it special for Albertan Erin Karpluk, who took best dramatic actress for her lead role in the time-travelling show Be-

# shun spotlight

AWARDS Without the burden of a live worldwide broadcast, members of the film academy threw themselves a lively yet relaxed dinner party to honour the first Oscar winners of the season.

The Academy of Motion Picture Arts and Sciences broke with tradition and presented its honorary Oscars off-camera Saturday night, months ahead of the televised ceremony March

Actress Lauren Bacall, Bmovie king Roger Corman and Godfather cinematographer Gordon Willis each received Oscar statuettes during the black-tie banquet at the Grand Ballroom above the Kodak Theatre, the same room where the annual post-Academy Awards Governors Ball is held.

In addition, producer John Calley was honoured with the Irving J. Thalberg Memorial Award, recognizing career accomplishments that include Catch-22, The Remains of the Day and The Da Vinci Code.

Each of the recipients was chosen by the academy's Board of Governors.

son, Annette Bening, Mor-Freeman



Roger Corman honoured.

among the 600 invited guests at the inaugural Governors Awards event.

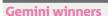
"We're gathered here together, all artists, celebrating excellence without any television cameras - isn't it great?" said veteran producer Norman Jewison.

Corman, 83, was lauded for being a champion of independent and efficient filmmaking and for promoting women to posi-tions of leadership long before it was popular.

Quentin Tarantino said the man behind films such as Bloody Mama and X: The Man With the X-Ray Eyes, inspired him to become a filmmaker.

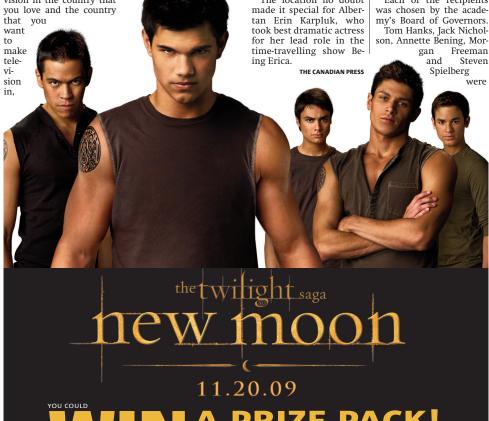
Though not televised, the Governors Awards were taped and portions will be shown during the 82nd annual Academy Awards on March 7, 2010.

THE ASSOCIATED PRESS



Here are some of the best in Canadian television:

- Best dramatic series: Flashpoint. Best comedy program or
- series: Rick Mercer Report. Best dramatic miniseries: Burn Up.
- Best reality program or series: Dragon's Den.
- Best talk show host: Georae Stroumboulopoulos, The Hour.
- Best news anchor: Diana Swain, CBC News at Six.
- Best performance by an actor in a continuing lead dramatic role: Enrico Colantoni, Flashpoint.
- Best performance by an actor in a leading role in a drama or miniseries: David Suchet, Diverted.
- Best performance by an actress in a leading role in a drama or miniseries: Erin Karpluk, Being Erica.
- Best performance by an actress in a lead role in a drama or miniseries: Christine Ghawi, Celine.
- Best variety program host: Leah Miller. So You Think You Can Dance Canada.



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# **Box office**

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres. according to The Associated

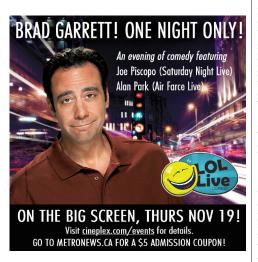
- \$65 million US
- A Christmas Carol: \$22.3 million
- The Men Who Stare At Goats: \$6.2 million
- \$6.1 million
- Michael Jackson's This Is It: \$5.1 million
- The Fourth Kind: \$4.7 million
- **Couples Retreat:** \$4.3 million
- Paranormal Activity:
- Law Abiding Citizen: \$3.9 million
- The Box: \$3.2 million

THE ASSOCIATED PRESS

20 entertainment

For the next two weeks starting today, representatives of Canada's television industry will speak with the CRTC about paying for the right to carry conventional television. METRO NEWS SERVICES

# the twilight saga 11.20.09 YOU'VE SPOTTED THE CREST! pioneering the concept of broadcasting, NBC is on the Visit metronews.ca and tell us verge of a startling move the page you found this on that illustrates broadcast A television's decline. metr<sub>®</sub>



# Comcast prepares to take control of NBC

Cable TV operator Comcast Corp. is expected to buy a controlling stake in NBC Universal, perhaps as early as next week, bringing the network of Johnny Carson, Jerry Seinfeld, Bob Hope, Milton Berle and Tom Brokaw under the corporate control of the company that owns the Golf Channel and E! Entertainment Television.

"This is highly symbolic," said Tim Brooks, who worked at NBC for 20 years and now writes books on television history.

Starting Sunday, Vivendi SA has an option to sell its 20 per cent stake in NBC Universal. Majority owner General Electric Co. is expected to buy it and then sell a 51 per cent stake of the entire NBC Universal unit to Comcast, which



In this 1976 file photo, Barbara Walters and former NBC Today show host Hugh Downs are seen during sunnier times in NBC history. Eight decades after pioneering the concept of broadcasting, NBC is on the verge of a being taken over by cable giant, Comcast.

serves about a quarter of the nation's subscription TV households.

Broadcast folks who remember when television was ABC, CBS, NBC and little else, used to look down upon cable.

The idea of broadcast TV was implied in the name; the networks tried to reach the broadest possible audience. For cable it's important to do something specific and do it well, and the audience need not be as large.

NBC Universal Chief Executive Jeff Zucker recognizes this. Cable properties such as USA, SyFy, CNBC and The Weather Channel mean more to NBC Universal's

NBC, fourth place in the rat-

And those cable properties — more than the flag-ship "Peacock" network were the draw for Comcast. By owning more content, Comcast further hedges its bets as mainly a distributor of shows in case viewers ditch their cable TV subscriptions and migrate to the Internet, mobile devices or a platform that has yet to emerge. The company could charge for the shows or sell ads wherever the viewers are.

In a sense, NBC would become a pioneer again, as it seeks to stay relevant amid intensifying audience frag-mentation. But still this could be considered bittersweet at best to some.

"Without NBC, there wouldn't be broadcasting as we know it," said Walter J. Podrazik, a curator at the Museum of Broadcast Communications.

THE ASSOCIATED PRESS

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	3			Instant Beauty Pa		Plastic-Perfect	Plastic-Perfect Friends	ET Canada	What Happen?	The Biggest Lose		Find-Husban
	3			House-Sell	Confidential	Old Christine		Friends	Grocery Bag	Love It or List It (		House-Sell
	3			Jon & Kate	Jon & Kate	Cake Boss (N)	Cake Boss	Little People	Little People	Jon & Kate	Jon & Kate	Cake Boss
		6 BRAVO			The Fureys at Ho	me in Ireland	Kaeshammer	Law & Order		Without a Trace	1150 400 0 1	Music-Chance
	3			Die Hard-Veng.	UFC Fight Night		" D " " " (IDT) (		The Ultimate Figl		UFC 106 Cnt	Real Vice
	3			(6) The Prisoner	(HDTV) (N)		vil; Darling" (HDTV)	)			* (1993, Science F	
	4			Battles BC (N)		Generation Kill "/		1	Urban Legends	M*A*S*H	M*A*S*H	Generation K
	4			Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Bill Engvall
					7, Science Fiction) I			Sanctuary	Stargate SG-1	Star Trek: Next		
				Law & Order: SV	U			Action) Tom Cruise, Ving Rhames.			Mission: Impossib	
		6 OLN		Survivorman		Ghost Hunters In		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunte
		8 TROP		Carlawood	Carlawood	Raymond	Raymond	The Outer Limits		ET Canada	Comeback	Family Guy
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# critics'corner-

A high-speed boat collision interrupts a wedding celebration at sea, where things get lost in translation as the team tries to help the injured. Nancy takes time to reconnect with her family. Marisa comes to the aid of those close to her in the new episode "M'Aidez." 10 PM on CKEM KHQ



Battle of the Blades

The votes are in, and tonight we'll find out which odd-couple team of a champion figure skater and a hockey player is Canada's favorite. But expect some special surprises in the hourlong season finale before the big announcement. Ron MacLean and Kurt Browning co-host the festivities 8 PM on CBXT

## Heroes

Samuel discovers how power-ful he can become and goes to dangerous lengths to reach his full potential. Tracy starts to lose control of her ability just as someone close comes in harm's way. Matt and Sylar's battle continues in the new episode "Brother's Keeper." 8 PM on CITV: 9 PM on KHQ

# **Eastwood** named Legion of Honour commander

# FRANCE

French President Nicolas Sarkozy made American actor and director Clinton

Eastwood a Clint commander Eastwood in the prestigious French Legion of Ho-

nour on Friday.

The citation for the highly coveted decoration said Eastwood, 79, was honoured for his body of work, his longevity and his ability to delight audiences around the globe.

Former French President Jacques Chirac had honoured Eastwood as a knight of the Legion of Honour two years ago, and Friday's decoration was a step up for Eastwood to grade three on the legion's five-grade scale.

Speaking in English, Eastwood thanked Sarkozy and the French people.

"This is a wonderful honour," Eastwood said. "It is just a great pleasure for me. I really love France. I love movies, and I love the appreciation that the French people have for movies," he added.

THE ASSOCIATED PRESS

Monday, November 16, 2009 metronews.ca

Shayne Lamas was arrested on suspicion of drunk driving in Venice, Calif., around 1 a.m. Saturday morning. "I take full responsibility for my lack of judgment," said Lamas, who is due in court Dec. 9, to E! News. METRO WORLD NEWS



# entertainment 21

# **Celebrity Buzz**

# Did Jolie wage mean spirited campaign?

Jolie the worst Mean Girl of them all — and is Brad Pitt's ex-wife Jennifer Aniston her most-wounded vic-

Brangelina: The Untold Story of Brad Pitt and Angelina Jolie reports that Jolie, 34, waged "a meanspirited but effective campaign" against Aniston around the time that Pitt divorced her to be with Jolie, usmagazine.com re-

The new Us Weekly has the exclusive first look at what's really inside the shocking new tell-all -

and reveals the truth behind some of the alleged bombshells.

Author Ian Halperin asserts in his book that Jolie and her camp (including her manager Geyer Kosinski and brother James Haven) planted press sto-ries in 2005 that painted Aniston in a negative light. Specifically? That Aniston firmly prioritized her career over starting a family - which put her directly at odds with Pitt, who ached for kids.

Jolie, Halperin writes, was convinced that this is the story that would reswomen who saw her as a man-stealing bitch." METRO NEWS SERVICES

**Rodriguez to propose?** 

With the World Series under his belt, Alex Rodriguez is reportedly ready to take on his next challenge: proposing to girlfriend Kate Hudson. "He's been talking

about about proposing quite a bit lately," a OK! source tells magazine.

"He wants to think of a creative and cute way to pop the question." And the couple, who have been inseparable for months, have even been joking around about tying the knot. "Kate

loves to say, 'I don't look like a Rodriguez you'll have to take name.'" source says.

> METRO WORLD NEWS



**Kardashians throw** 

ALL IN THE FAMILY It was all about adding to

the Kardashian clan Saturday as nearly 80

guests joined Kris Jenner and her daughters

Kim, Khloe, Kylie and Kendall to host a baby

The first-time mom-to-be, 30, is due in De-

"It was a huge success," a source tells Peo-

cember, with boyfriend Scott Disick's baby.

ple of the shower, which began at noon and

shower for Kourtney, people.com reports.

baby shower

was organized by Los Angeles-

Sharon Sacks, at the fam-

ily's home in Hidden

Other guests included Kim's BFF, Tres Glam

jewelry designer Brittny

Gastineau and Kris's good friend, co-

median Heather

METRO

WORLD NEWS

McDonald,

regular on

Chelsea

Lately.

Hills, Calif.

event planner

# **Lohan reacts to** lack of special treatment

POOR LITTLE RICH GIRL Lindsay Lohan isn't getting the same treatment from bars and clubs she did when she was at the height of her fame, and she's reportedly none too thrilled about it, if a recent episode at Crown Bar in West Hollywood is any indication.

"Lindsay stormed into the kitchen and grabbed two bottles of really expensive champagne. She finished both bottles with a friend. When the bartender gave her a bill, she had a meltdown," a source says, according to Hollyscoop. "She was yelling at him and screaming profanities at everyone. The bar insisted she pay, so she had to call a friend with her credit-card information."

Lohan was spotted leaving the club around 2:30 a.m. She was crying



# It's all an act, claims Fox

ALWAYS ACTING? Megan Fox is just fine with all the attention she gets, since it's all an act, she claims to the New

York Times. "I'm not willing to give my true self up," the 23-year-old Transformers star says. "You have to be put in a box in this industry so they can sell you." METRO WORLD NEWS



# **Celebrity tweets**

e impson is influenced by surroundings, Snoop

Dogg heads to the Playboy Mansion, Al Roker doesn't feel like talking to Heidi Montag and Spencer Pratt and Heidi Montag knows how to make a Saturday night special. alessicaSimpsor

WOW!! Children make me a child again. So interesting.

@snoopdogg

oowee luv them playboy bunnies!! Kiccn it with hugh right now.. This cat a real true pimp.. Ya heard

Programming update. No Heidi/Spenser interview. We wish

them well on their book tour shooting at the gun range!

# **Psychic inspires O'Donnell** to reveal break-up details

PUPPY LOVE Rosie O'Donnell may have said last month that she was done commenting on breakup rumours dogging her relationship with her partner of five years, Kelli Carpenter, but that changed Friday, people.com reports.

On her Ŝirius Satellite radio show, O'Donnell suddenly admitted Car-penter had moved out of their home two years ago. The reason for the big reveal? A pressing psychic and a longhaired chi huahua.

'Where did you get her from Rosie? Because she savs she came from

somewhere. And she said she's happier with you," pet psychic Sonya Fitzpatrick said of O'Donnell's dog Misty. "She's so spoiled and she loves to burrow.'

confirmed: O'Donnell confirmed: She does! She burrows in the bed right next to me.

And, when asked who "sometimes looks after her," O'Donnell explained her four children all fight over caring for the pup. "What happened (was) when Kelli moved out two years ago, I got the dog. Because I wanted another child something love. And I got the dog." METRO

NEWS

# **Brown discusses** assault on TV shows

GOING PUBLIC Chris Brown is following Rihanna's lead and hitting TV shows to discuss his assault conviction. "At the end of the day, I'm human. I can't make everybody love me, but I can just try. And I can honestly say that I'm sorry," Brown, who says he's "embar-

rassed" by what happened, tells BET's 106 and Park program. He also admits Rihanna's decision to go on 20/20 to discuss the matter irks him, but "I can only be a man and just accept the fact that I was wrong what I did." METRO WORLD NEWS

# **22** entertainment





**Today** Mostly sunny 10 0 / -2 0

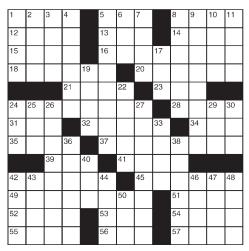






Wednesday 5 C / -5 C

# Take Five



#### Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

7			6		9	
2				5	8	3
		8			2	
	1	4		8	6	7
5	6	9		3	4	
	7			4		
9	2	6				1
	3		5			4

1 Trade blows 5 Light application 8 Slavs. syndicate-style 12 Perspiration vent 13 Gorilla 14 Highland hillside 15 Verve 16 Lack of restrictions 18 Strong greenish blue 20 Pal 21 Restaurant list 23 CSA soldier 24 Impassioned 28 Pleasant 31 Judge Lance 32 Japanese, e.g. 34 Scoot 35 Pinnacle 37 Left to fend for oneself 39 Listener 41 Rim 42 Hitchcock or Nobel

45 One offering securities 49 Elsa's tale 51 Salver 52 Duel tool 53 Em halves 54 Being (Latin) 55 Ogler's look 56 Drenched 57 Week components

1 Detail, for short 2 Game played on horseback 3 Bedouin 4 Change the title 5 Insanity 6 Springtime mo. 7 Surf-and-turf part 8 Leno's successor 9 Lynyrd Skynyrd classic 10 Willing, oldstyle 11 Transmit

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

6 3

9

8 1 9

2

8

2

4 1

8 6

3 5

6

17 Bobble 19 Golf legend Tony 22 Join together 24 By way of 25 And so forth (Abbr.) 26 Out of harm's wav 27 Last to miss the deadline 29 Prompt 30 Conclude 33 Gripes repeatedly 36 Breadwinner 38 Fit inside one another 40 Sports arbiter 42 Cain's victim 43 Bound along 44 Sketched 46 — Minor (constellation) 47 Simple 48 Deli loaves 50 Away from

WSW

7 5 4 3 8 6 9 2 1

6 2 5

4 1

5 9 3 4

9 7 4 2 1 3

3

4 3 2 7 6

6 7

9 8 1

5 8 7

8 7

6 5

daily

MEET

Your

MATCH!

# **Metro Recipe of the Day**

# **Country Frittata**

2 tbsp (25 ml) olive oil 3 leeks, sliced into rings 1/2 butternut squash. peeled and cut into small cubes

2 tbsp (25 ml) pine nuts 8 eggs

1/2 cup (125 ml) 10% cream

3 tbsp (45 ml) grated Parmesan cheese 2 fresh sage leaves or small bunch of fresh chives, about 3/4 oz (20 g), chopped

## METHOD:

1. Heat olive oil in heavy cast-iron or nonstick frying pan (10-12 in./25-30 cm diameter) that can be used safely under broiler (wrap wooden handle with foil)

2. Add leeks and squash to pan and stir well. Cook over medium heat for 10 minutes or until just soft,

stirring frequently. Stir in pine nuts.

3. While vegetables are cooking, break eggs into large bowl. Add cream, Parmesan and herbs. Season and mix thoroughly with fork. Stir in cooked vegetables, then tip mixture back into pan.

4. Turn down heat and cook gently 4-5 minutes or until almost set. Meanwhile, preheat broiler to high.

5. Slide pan under broiler and cook frittata 2-3 minutes or until puffed and golden brown. Eat hot or warm, cut into wedges.

## rd.ca

For nutritional infor mation on this and other great recipes go to rd.ca or checl out Key Ingredients



# TO SHAVE Horoscopes by Sally Brompton sallybrompton.com

## For Sally's expanded daily and weekend horoscopes, visit metronews.ca

# ARIES

# MARCH 21-APRIL 20

Sometimes your views, especially about material matters, have been a bit too rigid in the past. But now you can see there are more important things.

# SEPT 23-OCT 23

Something will happen today that makes you feel a whole lot better about your long-term prospects — emotional, professional and even financial

#### **TAURUS** APRIL 21-MAY 21

(g) A new moon in your opposite sign means you can't have things all your own way, but why would you want to?

#### **SCORPIO** OCT 24-NOV 22

What happens today, tomorrow and in the run-up to the Sun's change of signs on Nov. 22 will make you realize that life is good and getting better.

#### **GEMINI** MAY 22-JUNE 21

On the web

FOR ALL YOU GUYS WHO

HAVE TIME

FOR A HAIRCUT

You need help occasionally like everyone else, and now is the time to ask for it — especially if you find yourself being left behind on the work front

# **SAGITTARIUS**

NOV 23-DEC 21
You'll be asked to help a friend in need today and you won't think twice. But make it clear that you expect them to look after themselves in the future.

# CANCER

Your self-belief may have taken

a dive in recent days but the new moon in your fellow water sign of Scorpio will bring your confidence flooding back.

# CAPRICORN

You will leave an important task to the last possible moment today, but that's OK, because you thrive on that sort of

#### LEO JULY 23-AUG 23

You no doubt feel sorry for someone whose luck has deserted them, but keep your distance and don't get personally involved.

# **AQUARIUS**

JAN 21-FEB 18
No matter how many times you may have fallen short in the past, you will succeed now. Your ambitions will be intensified by today's new moon.

#### VIRGO AUG 24-SEPT 22

Today's new moon will make you more outgoing than usual. That's good, because increased social contact could lead you to

# **PISCES**

## FEB 19-MARCH 20

useful information.

The only reason some people don't want you to do anything out of the ordinary today is because they are worried it will make them look bad.

# This day in history

1384: Jadwiga is crowned King of Poland, although she is

1885: Métis leader Louis Riel is executed for treason after leading the Northwest Rebellion.

1938: LSD is first synthesized by Swiss chemist Dr. Albert Hofmann.

1940: In occupied Poland, the Nazis close off the Warsaw Ghetto from the outside world.

1997: After nearly 18 years of incarceration, the People's Republic of China releases Wei Jingsheng, a pro-democracy dissident, from jail for medical reasons.

METRO NEWS SERVICES



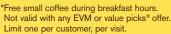
# TAKE A BREAK FROM WORK

Visit metronews.ca to watch metratube of the day

# Free Coffee November 16-29

It's causing quite a stir.







# 16 new ways to make life a little easier.

## **ESPN Score Center**

Free • Get instant scores and updates on the fly from one of the most reliable names in sports news. ESPN's personalized scoreboards let you organize by sport and team so you get the updates you want, fast.

## **Twittelator Pro**

\$4.99 • Do you tweet? Use Twittelator Pro to send updates on the go, and bring them to life with photos and videos captured right on your iPhone.

#### The Sims 3

\$6.99 • The ever-popular computer game arrives on the iPhone.
Customize your Sims, explore stunning 3-D worlds and experience everything "real" life has to offer.

#### Tom Tom U.S. & Canada

\$99.99 • Turn your iPhone into a fully featured Sat Nav with Tom Tom's expert voice-guided turn-by-turn directions, automatic re-routing, and more. It even links with your contacts list to give you directions to any address.

#### **CBC Radio**

Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favorites list for quick access to the programs you love.

#### Cooliris

Free • Bring the web's most interesting photos, videos and news right to your iPhone on an endlessly streaming wall. Browse content with the flick of a finger, then share via email or Twitter.

## Wine Ph.D.

\$4.99 • Go from wine novice to enthusiast in seconds. Just use your iPhone to search the Wine Ph.D. database by name, producer, varietal, region, food pairings or published ratings.

# **Local Concerts**

Free • Want to know who's playing tonight? Local concerts taps your music library and a large global database to notify you of upcoming shows. Browse events by date or venue, then buy tickets right from your iPhone.

# TuneWiki

Free • Listening to music on your iPhone and want to know the lyrics? Tunewiki serves up lyrics to songs from your iTunes library so you can follow along as the song is playing.

## **Epicurious**

Free • Can't decide on dinner? Get Epicurious recipes right on your iPhone. Search by type, what's in your fridge or what's in season. Then make a shopping list with the touch of a button.



## Barista

\$2.99 • Let your iPhone teach you how to make coffee-shop quality espresso, even when you're at home with step-by-step directions on everything from pulling the perfect shot to pouring latte art.

## GoodGuide

Free • Shop green with your iPhone. Now you can easily check the health, environmental and social impact of over 70,000 products, from food to toys, on-the-go and before you buy.

## Mover

Free • Now it's easier than ever for two iPhones to share stuff. With just the swipe of a finger, you can transfer photos, contacts and more to another iPhone over the same WiFi network.

## **Rocket Taxi**

\$1.99 • Ever notice cabs are scarce when you need one? Using your iPhone's built-in GPS feature, Rocket Taxi will find a taxi closest to you. Then all you have to do is tap to call for your ride.

## AroundMe

Free • When travel takes you to a new place, AroundMe can quickly find nearby businesses from the nearest bank to the closest gas station then route them for you using your iPhone's GPS.

## Convertbot

\$0.99 • Convert currency, length, mass, time and more. Convertbot's simple, intuitive interface makes conversion easy, even handling mixed units, like feet and inches.

It's amazing how much stuff you can do with an iPhone. With all kinds of apps to help with everything from shopping to gaming to cooking to tweeting. In fact, there are over 90,000 apps for just about anything, only on the iPhone.



